

Copper Country Focus on the First Five

Working to ensure school readiness for all area children

809 Hecla Street Hancock, MI 49930

Phone: 482-4250 **Fax:** 482-1931 **Parent Helpline:** 1-888-610-2323 **On the Web:** www.coppercountryparenting.org

B-H-K Child
Development Board
482-3663

Keweenaw Family
Resource Center
482-9363

**Copper Country
Intermediate School District
482-4250**

Western U.P.
District Health Department
482-7382

Copper Country
Mental Health Institute
482-4880

FOR IMMEDIATE RELEASE

Friday, Feb. 7, 2003

Contact:

Cathy Benda, 482-3663

Classes to discuss effective methods of ‘Parenting your Preschooler’

HOUGHTON – Parents with children birth to 5 are invited to take part in two free “Parenting your Preschooler” classes at Keweenaw Family Resource Center in Houghton.

On Wednesday, Feb. 19, facilitator Cathy Benda will discuss brain development in young children. The following Wednesday, Feb. 26, Benda will talk about children and stress. Parents may attend either or both sessions, which run from 6:30 p.m. to 8 p.m. each night.

“These classes will shed some light on recent research about early childhood development and how that research can translate into everyday activities that help prepare children for success in school,” said Benda, who coordinates parenting activities at KFRC and B-H-K Child Development Board.

Childcare will be provided at the sessions, which are free and open to the public. Space is limited, so parents are urged to call 482-3663 by Friday, Feb. 14, to register.

The classes are sponsored by Copper Country Focus on the First Five, a group of local agencies that provides school-readiness services to parents with young children. Other services include parent resource rooms; book and toy lending libraries; playgroups and story hours; health and developmental screenings; parent support groups; family wellness activities; the toll-free Parent Helpline; and more.

Funding is through the Michigan Department of Education’s All Students Achieve Program – Parent Involvement and Education (ASAP-PIE) project. Local ASAP-PIE partners include the CCISD, B-H-K Child Development, Keweenaw Family Resource Center, Copper Country Mental Health Services Institute and the Western U.P. District Health Department.